Grade Level: 8th
Title of Unit: Human Sexuality
Days in Unit: 10

Content Standard: Communicable and Chronic Diseases

State Performance Standard: will practice behaviors to promote health, prevent disease, and reduce health risks
B3- distinguish between risky behaviors which may be dangerous or harmful and those which should be relatively safe.
B6- demonstrate ways to avoid and reduce threatening situations

National Performance Standard: will demonstrate the ability to use interpersonal communication skills to enhance health.
5.5- demonstrate communication skills to build and maintain healthy relationships
5.6- demonstrate refusal and negotiation skills to enhance health

Rationale:
Students are involved in personal relationships where sexual activity maybe involved.
Students need to develop the refusal skills to maintain abstinence or resist peer pressure to engage in sexual activity.
Students need to develop communication skills to maintain a healthful relationship with their peers and family.

Teaching Strategies:
Role play refusal skills to peer pressure to have sexual intimacy.
Lecture/discussion on sexual activity.
Group project on birth control methods

Assessments:
Rubric on role play
Participation
Group project worksheet
Final exam

Resources:
An invitation to health textbook
Sexual harassment video
Speaker from Family Advocates