SELF-REFLECTION PAPER

Assignment: In order to be a good teacher you must be able to look back and reflect on what you taught or how you presented the information to see if it was done the most effective way.

Reflect back on what you have learned over the semester on teaching health education and how your are going to implement health ed. in the future. Here are some possible things to think about to get you started. This is your own personal reflection so you do not have to use these if you don’t want to.

1. How has your idea of health ed. changed from the beginning to the end.
2. How are you going to implement the strategies you have learned in your health ed.
3. What areas are you going to focus on in your teaching of health ed. and why you feel they are important.
4. How are you going to integrate health into your other core teaching assignments.

Length: 1 _ to 2 pages or more if you need to.

Grading: 100 pts.

50 pts. _________ On how well you state your reflection on your learning process.
25 pts _________ How well you state your outlook for the future use of health ed.
25pts _________ Professionalism (grammar, spelling, etc)